



YOUR FUTURE Starts Here



MELROSE HIGH SCHOOL

GRADE 9 – GRADE 12 · MELROSE, MASSACHUSETTS

MISSION STATEMENT

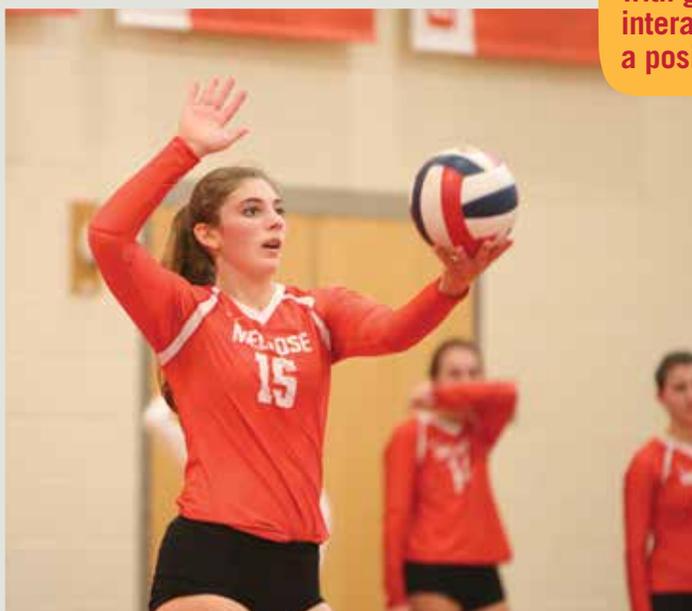
Melrose High School is committed to developing academic and personal excellence. In partnership with home and community, we foster a safe and caring learning environment. We encourage a passion for learning by providing an engaging curriculum with high expectations for all students. We prepare our graduates to become knowledgeable, respectful, contributing citizens of a global society.

WHAT MAKES US UNIQUE?

Melrose High School is a reflection of our community — rich with tradition but focused on the future. It's a place where students can challenge themselves with a mix of College Prep and Advanced Placement classes, blended and online learning, and enriching electives. Students participate in clubs, music, community service and sports after school, and teachers coach teams, moderate co-curricular activities and help students with homework. It's a special place where students learn skills that prepare them for life and create memories that last a lifetime.

WE ARE MELROSE.

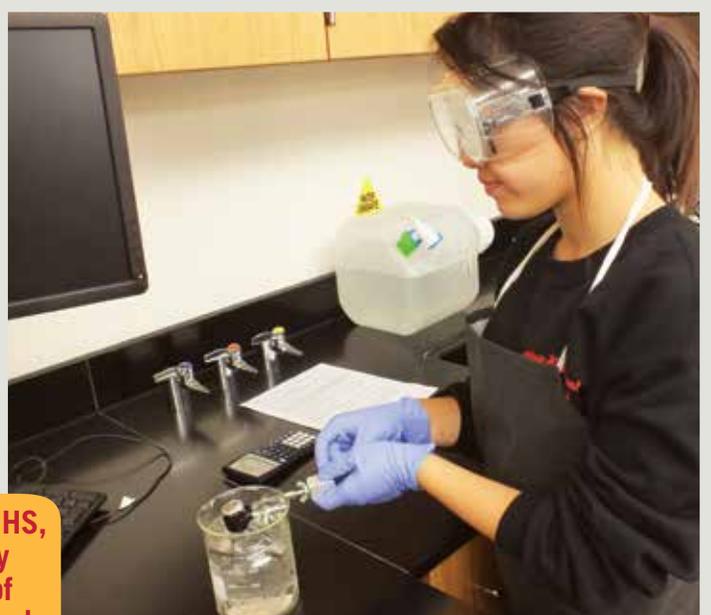
“MHS is such a unique and cool school filled with great teachers that interact and always keep a positive attitude.”



CURRICULUM

At Melrose High School, all students experience a broad, robust curriculum aligned to the Massachusetts Frameworks. Those who want a more concentrated curriculum can choose from five Pathways of Study, which combine targeted courses with **capstone projects**, **community service**, **student portfolios** and **internships**. The MHS Pathways of Study are offered in the following subjects:

- **Global Education in Melrose Pathway:** Designed to foster student global awareness, the GEM Pathway prepares students to represent Melrose High School around the world in exchange programs with the languages and cross-cultural skills needed in today's international society.
- **Humanities Pathway:** For students who want to pursue classical studies in college and beyond, this pathway places an emphasis on literature, history and languages, including Latin.
- **STEM Pathway:** Bolstered by Melrose High School's new state-of-the-art science labs, this pathway is for students who are considering post-secondary education and careers in mathematics, science, engineering or healthcare.
- **Business Pathway:** Those interested in exploring business-related careers can focus on foundational courses in management and finance, and enhance their skills in analytics, computer science and public speaking.
- **Arts Pathway:** Students who see a future for themselves in the Arts can select from a wide range of courses in either Visual Arts, Performing Arts or both.



“I really like how at MHS, we have the opportunity to take a wide variety of classes that are designed to challenge us and prepare us for the future.”



GLOBAL LANGUAGES

Melrose High School has one of the most exceptional global language programs in Massachusetts, featuring five languages: **French • German • Italian • Latin • Spanish.**

Each language takes a proficiency-based approach to give students access to both the language and its culture. Students work to gain fluency in listening, reading, writing and speaking. Many MHS students study a global language for all four years of high school.

In 1975, Melrose High School established a four-week exchange program with Gymnasium Oberalster in Hamburg, Germany, under the sponsorship of the Goethe Institute. Now known as the German American Partnership Program, the Melrose-Oberalster exchange recently celebrated its 40th anniversary, making it one of the longest existing GAPP programs in the United States.

Exchange Programs. MHS offers its global language students the opportunity to participate in exchange programs in Denmark, France, Germany, Italy or Spain during the academic year. During fall exchanges, Melrose families host international students, and MHS students visit foreign families in the spring.

Global Language Honor Society. At the end of their junior year, global language students may apply for membership in the MHS Global Language Honor Society. Successful candidates must have an overall GPA of 3.75 along with other academic criteria.

Seal of Biliteracy. Melrose is a proud supporter of the Seal of Biliteracy, which is a Massachusetts Department of Education award that recognizes students who have attained proficiency in a foreign language. It demonstrates a student's readiness for college and career as a global citizen.



ATHLETICS

Scholar-athletes at Melrose High School excel on the playing field and in the classroom. The MHS interscholastic athletic program is committed to the physical, emotional, social and mental development of participating students. Many MHS teams are active in community service, including the Melrose Alliance Against Violence Walk and Toys for Tots.

Competition is an extension of the classroom and an educational activity that provides important opportunities to teach life's lessons. Melrose teams consistently win Middlesex League and Sectional titles and participate in state tournament play. Melrose scholar-athletes have gone on to play in college and professionally.

MHS athletic facilities include brand-new tennis courts, an artificial turf stadium, a state-of-the-art baseball field, a strength and conditioning room, basketball courts, athletic training rooms, a turf track-and-field venue and lighted grass practice fields.

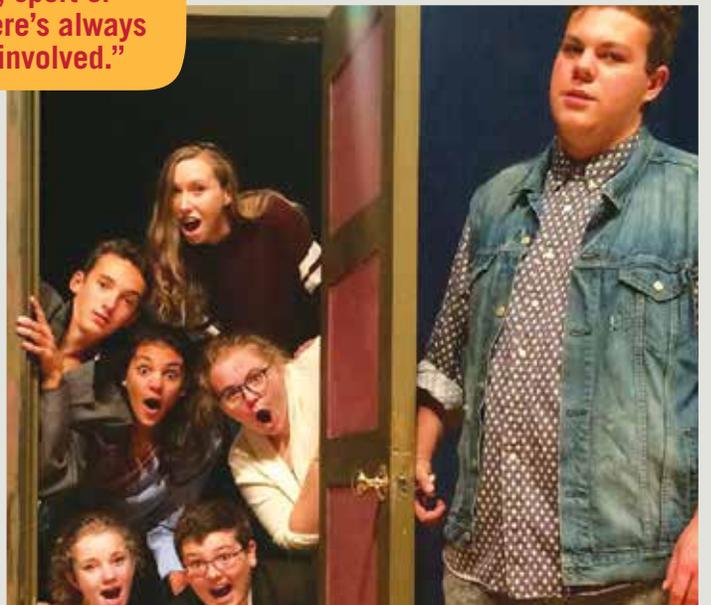
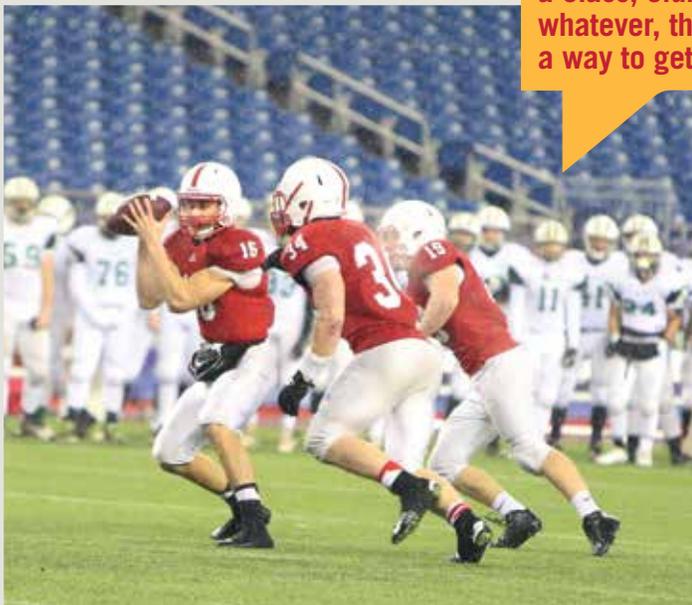
ARTS

The Arts are thriving in Melrose High School with courses that focus on theory, technique and self-expression. The **Visual Arts** engage budding and accomplished artists alike with classes in photography, graphic design, animation, video and computer-aided design. MHS artwork is regularly featured in the City Wide Annual Art Exhibit and by local businesses.

The **Performing Arts** also have a long history of achievement. MHS students have won awards at the Massachusetts Educational Theater Guild statewide Drama Festival, and the Marching Band was recently selected to represent Massachusetts in the National Memorial Day Parade in Washington, D.C. The MHS music program partners with outside organizations such as the Boston Symphony Orchestra and local universities to provide visiting master teachers.

Melrose maintains its proud tradition in the Arts. MHS students have been recognized by the following organizations: **The Boston Globe Scholastic Art & Writing Awards** ▪ **School of Museum of Fine Arts in Boston** ▪ **Massachusetts Instrumental and Choral Conductors Association** ▪ **New England Scholastic Band Association**.

“There is something for everybody. Whether it's a class, club, sport or whatever, there's always a way to get involved.”



COMMUNITY SERVICE

As part of their curriculum, Melrose High School students volunteer their time to help others through community service. Students are encouraged to create a project on their own or with friends to satisfy their graduation requirement of 48 community service hours.

MHS students who perform 100 hours of community service are recognized as Century Club members. Students who volunteer more than 300 hours receive a certificate acknowledging their service at the Senior Awards and Scholarship Night.

MHS students are active volunteers in a variety of organizations, including: Melrose Substance Abuse Prevention Coalition ▪ The Walk for Hunger ▪ The Jimmy Fund ▪ Melrose Parks and Recreation Department ▪ My Brother's Table.

INTERSHIPS

More than half of MHS seniors regularly participate in internships. Each year, students attend the school's Internship Fair to learn about real-life work experiences available through sponsoring organizations, including:

- Boston Public Schools, assisting limited-English eighth graders navigate American culture and language
- A nursing home, supporting older adults in their daily activities
- Melrose City Hall, working in a number of different city departments on tasks such as creating an informational pamphlet for new Melrose residents
- A real estate office, learning the financial operations related to the buying and selling of property

After completing their internships, students often share their experiences through presentations and work samples. Internships are graded based on successful completion of job-related responsibilities.

CO-CURRICULAR ACTIVITIES

The learning doesn't stop when the school day ends. To engage the diverse interests of its students, MHS has more than 65 active after-school clubs, groups and activities, including: Animal Rights ▪ Drama ▪ iRaiders ▪ Mock Trial ▪ Veterans Memory Project ▪ Megatones ▪ Art Society ▪ Animation ▪ Best Buddies ▪ Orchestra ▪ Model UN ▪ Gay-Straight Alliance ▪ Gaming ▪ Color Guard ▪ Chess ▪ Marching Band ▪ Newspaper ▪ Student Action Board ▪ Language Clubs ▪ Thistle Literary Journal ▪ Juggling ▪ Melrose High TV ▪ SADD ▪ Photography.

“ I love the opportunities provided by MHS for self-expression through the Arts and music.”



MELROSE HIGH SCHOOL TEACHERS

ANGELA SINGER

Education: A.B. English Literature, Boston University; M.A. English Literature, Boston College

Teaching experience: 35+ years

Mrs. Singer is Director of ELA for grades 6-12 and the proud parent of three MHS graduates. A recipient of the 2003 Melrose Excellence in Education Award, she shares her ELA expertise as an AP English Language and Composition Reader for Educational Testing Service. An avid Shakespearian scholar, Mrs. Singer has taken numerous students to Hamlet's birthplace as part of the Denmark-Melrose Exchange Program.

SCOTT CELLI

Education: B.S. Mathematics, Boston College; M.S. Education, University of New England

Teaching experience: 25+ years

During the day, Mr. Celli teaches the intricacies of Geometry to underclassman, but after school, he coaches one of the top girls volleyball teams in the state. In 2012, Coach Celli was at the helm when the Lady Raiders won the MIAA Division 2 State Volleyball championship. Elected to the Massachusetts Girls Volleyball Coaches Hall of Fame in 2011, he develops future MHS champions as the director of the Melrose Volleyball Summer Camp.

BLAIR COCHRAN

Education: B.S. Physics, with minors in Secondary Education and Mathematics, Gordon College; M.Ed Physics Education, Gordon College

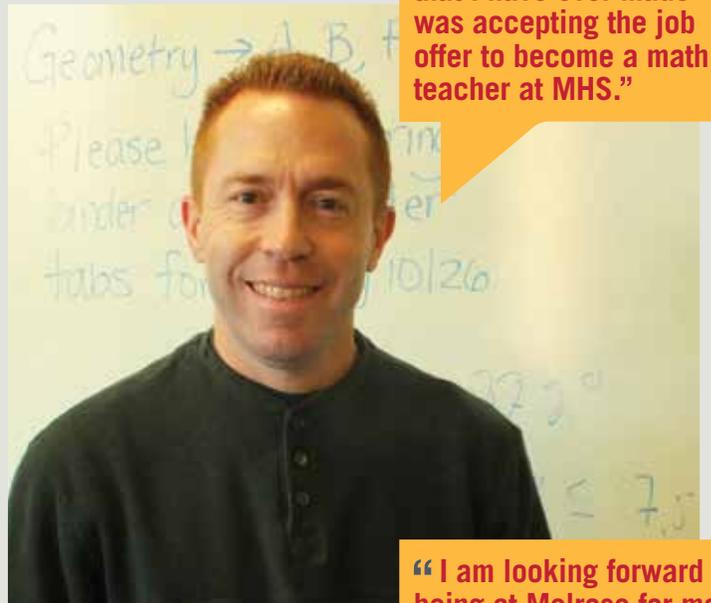
Teaching experience: 21+ years

"Physics is Phun!" says Mr. Cochran, who teaches Honors and College Prep Physics and Astronomy. He also teaches AP Physics C for Virtual High School, an online alternative for MHS students and students across the country. A class adviser for the Class of 2018, Mr. Cochran is often seen roaming the halls after school, helping out with the track team or running the scoreboard for the football and basketball teams.

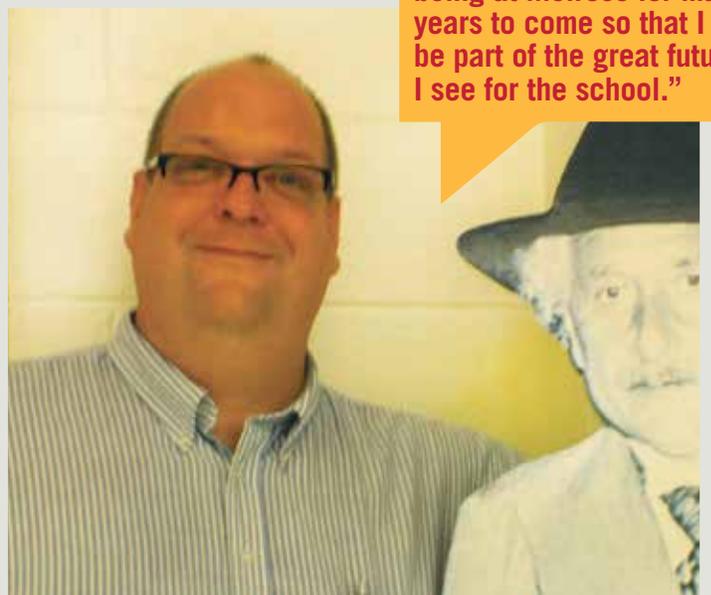
"If you come to MHS with an open mind and a commitment to hard work, you will find a myriad of opportunities."



"The best career decision that I have ever made was accepting the job offer to become a math teacher at MHS."



"I am looking forward to being at Melrose for many years to come so that I can be part of the great future I see for the school."



MHS STUDENTS HAVE BEEN ACCEPTED INTO THE FOLLOWING COLLEGES AND UNIVERSITIES:

American University
Amherst College
Arizona State University
Assumption College
Bard College
Bentley University
Boston College
Boston University
Brandeis University
Bridgewater State
Brown University
Carleton University
Carnegie Mellon University
Clark University
Colby College
University of Colorado at Boulder
UConn
Curry College
Drexel University
Eastman School of Music
Emerson College
Emmanuel College
Endicott College
Fairfield University
Fairleigh Dickinson University
Fitchburg State
Florida State University
Fordham University
Framingham State
George Mason University
George Washington University
Hamilton College
University of Hartford
Hobart and William Smith College
Hofstra University
College of the Holy Cross
Ithaca College
James Madison University

Johnson & Wales University
University of Kansas
Keene State
Louisiana State University
University of Maine
Manhattan College
Marist College
University of Maryland
Mass College of Art and Design
Mass College of Pharmacy &
Health Sciences
UMass Amherst
Merrimack College
University of Miami
Mount Holyoke College
New England College
University of New England
University of New Hampshire
University of New Haven
New York University
Newbury College
Northeastern University
Northwestern University
University of Pennsylvania
Plymouth State
Princeton University
Providence College
Purdue University
Regis College
RPI
Rhode Island College
University of Rhode Island
RIT
University of Rochester
Roger Williams University
Rutgers University
Saint Anselm College
Saint Michael's College

Salem State
Seton Hall University
Simmons College
Skidmore College
Smith College
University of South Carolina
University of Southern California
Springfield College
Stonehill College
Stony Brook University
Suffolk University
Syracuse University
University of Toronto
Tufts University
Tulane University
Union College
U.S. Naval Academy
University of Vermont
Villanova University
Wentworth
Wheaton College
WPI
University of Wyoming
Yale University

For a complete list of colleges and universities, visit bit.ly/1S92VQK

“The passion to be great is felt by everyone at the school, from students, teachers, coaches, student athletes and performers.”

