

Melrose Public Schools
Hoover, Horace Mann, Winthrop and Roosevelt Elementary Lunch Menu
March 2010

PLEASE NOTE: IF THE DAY LISTS CHEESE PIZZA AS YOUR SCHOOL'S CHOICE, THAT IS THE ONLY HOT ENTREE THAT WILL BE OFFERED THAT DAY.

Monday	Tuesday	Wednesday	Thursday	Friday
1 Chicken Nuggets , Mashed Potatoes, Veg, Whole Wheat Bread Chilled Pears Hoover –Cheese Pizza Extra Slice \$1.50	2 French Bread Pizza Hot Dog*** on a Bun , Potato Wedges Peas & Carrots, Applesauce Winthrop –Cheese Pizza Extra Slice \$1.50	3 Macaroni & Cheese Beef Burrito Seasoned Rice Tossed Salad Fruit Choice Roosevelt –Cheese Pizza	4 Chicken Patty on a Bun, Tossed Salad, Fresh Orange	5 Soft Pretzel w/Cheese Meatball Sub Tossed Salad Chilled Pears Horace Mann - Pizza
<i>Chicken Caesar Salad - Peanut Butter and Jelly or Peanut Butter & Fluff Sandwich w/Baby Carrots</i>				
8 National School Breakfast Week Pasta w/Meatballs Chicken Teriyaki Dippers Japanese Rice, Seasoned Carrots, Chilled Applesauce Hoover –Cheese Pizza	9 <u>Early Release</u> Chicken Nuggets Mashed Potatoes, Veg, Whole Wheat Bread Fresh Apple Winthrop – Cheese Pizza	10 <u>Early Release</u> Grilled Cheese Sandwich Seasoned Carrots, Fruit Choice Roosevelt – Cheese Pizza	11 Breakfast for Lunch French Toast Sticks w/Sausage** Potato Rounds, Fruit Choice	12 Bagel Pizza Hot Dog*** on a Bun , Potato Wedges Peas & Carrots, Applesauce Horace Mann - Pizza
<i>Buffalo Chicken Wrap - Peanut Butter and Jelly or Peanut Butter & Fluff Sandwich w/Baby Carrots</i>				
15 BBQ Rib Sandwich Chicken Patty on a Bun, Tossed Salad, Fresh Orange Hoover –Cheese Pizza	16 Pizza Fun Lunch Open Face Turkey w/Gravy Sandwich, Potato Rounds Fruit Choice Winthrop – Cheese Pizza	17 <u>St Patrick's Day</u> Toasted Ham & Cheese or Toasted Cheese Sandwich on Wheat Bread Tossed Salad, Fruit Choice St Patrick's Cookie Roosevelt – Cheese Pizza	18 National Nutrition Day Herb Beef Italiano w/Barilla Pasta Soft Pretzel w/Cheese Garden Salad with Homemade Herb Vinaigrette, Fruit Choice	19 Macaroni & Cheese w/Roll Cheeseburger on a Bun Seasoned Carrots Fruit Choice Horace Mann - Pizza
<i>Italian Sub - Peanut Butter and Jelly or Peanut Butter & Fluff Sandwich w/Baby Carrots</i>				
22 Breakfast for Lunch French Toast Sticks w/Sausage** Potato Rounds, Fruit Choice Hoover – Cheese Pizza	23 Corn Dog*** Spaghetti, Meatballs, Dinner Roll, Tossed Salad, Chilled Pears Winthrop - Cheese Pizza	24 Chicken Nuggets , Mashed Potatoes, Veg, Whole Wheat Bread Chilled Pears Roosevelt – Cheese Pizza	25 Nacho Grande Corn Tortillas w/Seasoned Taco Meat, Cheese Sauce, Salsa Fruit Choice	26 French Bread Pizza Hot Dog*** on a Bun , Tossed Salad Fruit Choice Horace Mann - Pizza
<i>Ham & Cheese Wrap - Peanut Butter and Jelly or Peanut Butter & Fluff Sandwich w/Baby Carrots</i>				
29 Grilled Cheese Sandwich Chicken Patty on a Bun, Tossed Salad, Fresh Orange Hoover – Cheese Pizza	30 French Bread Pizza Hot Dog*** on a Bun , Potato Wedges Peas & Carrots, Applesauce Winthrop – Cheese Pizza	31 Pasta w/Meatballs Chicken Teriyaki Dippers, Japanese Rice, Carrots, Applesauce Roosevelt –Cheese Pizza	April Fools Day Popcorn Chicken Seasoned Corn, Baked Beans, Chilled Strawberries Treat!!	 Chartwells Eat · Learn · Live
<i>Turkey & Cheese Sandwich - Peanut Butter and Jelly or Peanut Butter & Fluff Sandwich w/Baby Carrots</i>				

All meals are served with a choice of milk (1% low fat or ½% chocolate) and fruit (fresh or chilled.)

Daily lunch prices: Student Paid: \$2.50 • Reduced: \$0.40 • Milk: \$0.60 Adult \$3.25

If you have any questions, please call the Director of Dining Services: Ken Dolce at 781-462-3219

Want more information? Visit our website at www.eatlearnlive.com to sign up for Chartwells' parent e-newsletter.

whole wheat ** contains pork *** contains poultry Look for "locally grown" produce.