



The Roosevelt Reporter

February/March 2010



February 10th PTO

This month's PTO meeting will focus on the Meeting the Needs of All Learners initiative. Principal Clery will discuss the model at the Roosevelt and will elicit feedback from the audience. The goal of this evening is to inform parents and to gain parents' perspectives in order to plan most appropriately for the upcoming school year.

Community Reading Day

On March 2nd the Roosevelt School will have community members come in and read in every classroom. The Bridge program organizes this day so that there is a volunteer/community member in every classroom across the school at 8:45. This annual Community Reading Day is a great opportunity for the children and community members alike. Thank you to all who have participated in making this day so successful!

Help Haiti Fundraiser

The Roosevelt community has come together to raise money for the devastating earthquake that occurred in Haiti on January 12th. The Roosevelt students brought change in throughout the week of January 25th. The counting is not complete at this point so we are not yet sure how much money the generous donations have raised. Once the results come in, the grade level with the highest amount of money raised will earn a pizza party! We thank all who participated in this fundraiser and offer a special thanks to Jessica Sullivan who has managed this fundraiser for our school!!

National Nutrition Month

Did you know that nature created herbs and spices with a two-fold purpose- to make our favorite foods taste great and promote health and wellness? New research is showing that a spicier life may be a healthier one! One good reason to season foods with herbs and spices is because they can kick up the flavor in foods without adding salt, sugar, and extra fats. In addition, many popular spices and herbs are also a surprising source of antioxidants- dietary substances that can prevent or repair damage to your body cells, boost immunity, and reduce inflammation thereby reducing risk of heart disease, cancer, diabetes, and other chronic diseases. For example, just $\frac{1}{2}$ teaspoon of dried cinnamon, cloves, oregano, turmeric, or cumin contains more beneficial antioxidants than $\frac{1}{2}$ cup of fresh chopped green or red peppers, red grapes, tomatoes, broccoli, or spinach!

To celebrate National Nutrition Month® this March, Chartwells is pleased to offer the EAT. LEARN. LIVE DELICIOUSLY- Savor the Flavor of Herbs and Spices

promotion in our school cafeterias. To celebrate this event, attractive food tasting and nutrition education information will be set up in the cafeteria where students can sample new foods seasoned with healthy herbs and spices, play a Guess the Spice game, and pickup educational materials and puzzles to take home. On the days of our promotion, the lunch menus will feature Herb Beef Italiano w/Barella Pasta and Garden Salad w/Homemade Herb Vinaigrette, flavor-charged with the super spices.

In addition to these special cafeteria events, Chartwells is making herb seeds available to some of the Roosevelt School children to plant in recycled milk cartons as a fun and educational classroom activity. This activity will reinforce the message that herbs and spices are healthy ways to season foods, as well as provide participating students the opportunity to learn about what plants need to grow, and learn how growing plants and recycling is good for the environment.

For more information about spices for health, and to get some great recipes, go to <http://www.mccormick.com/SpicesForHealth.aspx>

Upcoming Events

February 1	Kindergarten switches (a.m. becomes p.m. and vice versa)
February 8, 10, 11	Kindergarten and First Grade registration
February 10	PTO Meeting @ 7:00
February 12	Kindergarten Report Cards go home
February 15-19	NO SCHOOL
February 25	PAC Meeting @ 7:00
March 2	Community Reading Day
March 10	PTO Meeting @ 7:00
March 12	Roosevelt School Auction
March 24	PAC Meeting @ 7:00
~ MCAS begins in March. Please see dates below!! ~	

Important Dates ~ Mark your calendar! ☺

Early Release Days:

October 27th
 October 28th
 November 5th
 February 3rd
 March 9th
 March 10th
 June 2nd

Report Cards:

Gr. 1-5:
 12/17/09
 3/31/10
 Last Day of School
Kindergarten:
 2/12/10
 Last Day of School

MCAS Dates:

Gr. 3 reading - March 24, 25
 Gr. 3 math - May 12, 13
 Gr. 4 long comp. - March 23
 Gr. 4 reading - April 5, 6
 Gr. 4 math - May 20, 21
 Gr. 5 reading - March 29, 30
 Gr. 5 math - May 18, 19
 Gr. 5 science/ tech. - May 25, 26

Quote of the Month

Learning is like rowing upstream: not to advance is to drop back.

~Author Unknown

Please refer to our Parent/Student Handbook for additional district information.