

MELROSE HIGH SCHOOL
360 LYNNFELLS PARKWAY
MELROSE, MA 02176
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ATHLETIC DEPARTMENT



Patricia Ruggiero, Director
Denise Daglio, Secretary

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Steve Mirasolo, Trainer

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Fall Head Coaches

Football
Cheering
Field Hockey
Boys Soccer
Girls Soccer
Cross Country
Golf
Girls Swim
Volleyball

Tim Morris
Suzanne Fogarty
Stacey Brown
Dean Serino
Bill DeSimone
Kevin Allison
Rick McDermod
Deborah Deacon
Scott Celli

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kallison@melrose.mec.edu
rmcdermod@melrose.mec.edu
ddeacon@melrose.mec.edu
scelli@melrose.mec.edu

Winter Head Coaches

Boys Basketball
Girls Basketball
Hockey

Wrestling
Boys Swim
Indoor Track-Boys
Indoor Track-Girls
Gymnastics
Cheering – Hockey
Cheering – Basketball

Mike Kasprzak
Robert Ferrante
Jason Shipulski
Anthony Luisi
James Bleiler
Dick Whitworth
Matthew Dorothy
Gene Metto
Denise Valdez
Suzanne Fogarty
TBA

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suefogarty@melrose.mec.edu

Spring Head Coaches

Baseball
Softball
Girls Track
Boys Track
Girls Tennis
Boys Tennis
Boys Lacrosse
Girls Lacrosse

Bill Hirschfeld
Steven Wall
Stephen Fogarty
Tim Morris
Deborah Deacon
Matt Williams
Matt James
Cate Arkins

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