

# WINTER PRACTICE / TRY-OUT WEEK

November 28<sup>th</sup> through December 2<sup>nd</sup>

Boys Basketball	Upper Classmen Freshman	3:15 - 5:15 4:00 - 5:30	Middle School Marcoux
Girls Basketball	All Grades	5:15 - 7:15	Middle School
Wrestling	All Grades	2:30 – 5:30	Wrestling Room
Boys & Girls Indoor Track	All Grades	2:30 – 4:00	Marcoux
Gymnastics	All Grades	7:30 Warm-up YMCA 8:00 Practice Tremont Str Exception: No Practice Thursday	
Boys Hockey	All Grades	2:45 – 4:00 Exception: Thurs. Hockey Town	Flynn Rink
Girls Hockey	All Grades	2:30 – 5:00 Buss Departs 2:25	Watertown
Boys Swim	All Grades	2:30 – 3:30	Melrose YMCA Main Street

After December 2<sup>nd</sup> practice schedules will be distributed and/or communicated through the head coach. Any questions, please call Ms. Ruggiero @ 781-462-3223.

Thank you and see you at the game!