

**SNACK LIST TO BE USED FOR CLASSROOMS**

Due to **LIFE THREATENING FOOD ALLERGIES (LTFA)**, our classrooms are **PEANUT, TREE, and SESAME FREE**, and, therefore, **NO BAKED GOODS ARE ALLOWED** for any classroom celebration. This list was put together to ensure that all children are included and kept safe.

<b><u>FRUITS</u></b>	<b><u>CRACKERS/SALTY EATS</u></b>
Grapes, apples, oranges, raspberries, blueberries, watermelon Dole Fruit bowls Delmonte Fruit cups Sun-Maid Raisins Applesauce Cups Mixed fruit w/drizzle of honey Dips: honey, Yo-Kids yogurt (Yoplait brand)  <b>NO DRIED FRUIT MIXES</b> <b>NO GRANOLA TYPE BARS</b>	Goldfish (Pepperidge Farm) cheddar, colors, original, pretzel Wheat Thins Triscuits Backman Pretzels Graham Cracker & Teddy Grahams (Nabisco) Saltines Tostitos and Salsa (mild) (Frito Lay) Smartfood popcorn (Frito Lay brand) Cheez-Its (Sunshine)
<b><u>VEGETABLES</u></b>	<b><u>TREATS</u></b>
Carrots, celery, tomatoes, peppers, broccoli Dips to use: dressings like Hidden Valley Ranch/cream cheese	Nilla Wafers Oreos Rice Krispy Treats Jello Pudding Gogurt Tube Yogurts (Yoplait brand) Marshmallows (Jet Puffed brand) String Cheese (check ingredients)

Please remember to always read and double check ingredients before sending in a snack so we can keep everyone safe.

**NOTE: The above brands were chosen because of research (calls and emails) to ensure safety and because they do not contain peanuts, tree nuts, sesame, unsafe fruit and/or vegetables, and/or hidden allergens at this time, but ingredients can change at any given time.** Thank you for your continued cooperation in keeping everyone safe.

Mrs. Marsha Gibbons  
 School Nurse